**Get free or low-cost food**

If you’re worried about not having enough food to feed your family, you’re not alone. There are
a number of places offering support.

* We offer breakfast club in school, every day, in school between 8:00am – 8.45am.
* If you have a child under 4, and meet the eligibility criteria, you may be entitled to [healthy start food vouchers](https://www.healthystart.nhs.uk/how-to-apply/)
* The nearest food banks to Lemington Riverside are: Lemington Methodist Church (NE15 8DT), West End Foodbank (NE15 6NG). Find a local foodbank with these websites: [Bankuet](https://www.bankuet.co.uk/find-a-foodbank), [The Independent Food Aid Network](https://www.foodaidnetwork.org.uk/our-members), the [Trussell Trust](https://www.trusselltrust.org/get-help/find-a-foodbank/), or your local [community fridge](https://skintdad.co.uk/community-fridge-near-me/)

Use food waste apps and websites like [Olio](https://olioex.com/) (for free food and household items from your local community), [Too Good To Go](https://toogoodtogo.co.uk/en-gb/) (for low cost food from local restaurants), or [Low Price Foods](https://lowpricefoods.com/) (food that has passed its best before date, but is still safe to consume)

**Further information:**

- Contact [StepChange](https://www.stepchange.org/), if you’re struggling with debt

- Contact [Shelter](https://www.shelter.org.uk/) if you’re having issues related to housing

- Get free household goods on [Freecycle](https://www.freecycle.org/)