



First Aid and Medication Policy

Let us pray this morning, for friendship in our school.

May we live happily and joyfully with each other,
Let there be care and concern in all of our friendships.

Let us remember...

that a school is only as good as the people in it.

Dear God, help us to make our school,
a place where people feel content, welcome and secure.

Amen.



Introduction

St Cuthbert's Catholic Primary School believe that every member of the school community has the right to feel safe and secure during their time at school. This means that pupils, staff and visitors are supported if they feel anxious and worried, if they hurt themselves or become injured whilst at St Cuthbert's or on an excursion that has been organised by St Cuthbert's. We believe that our community should have access to excellent mental health and medical support so they can be the very best that they can be within our diverse society.

Staff

At St Cuthbert's, we ensure that all teaching support staff receive expert, current medical training so they can support our community as effectively as possible. First Aid training is held every 1-3 years for designated members of staff. When qualifications are nearing their end date, these are renewed with a recognised and qualified First Aid provider. Every class has a support teacher with a valid First Aid certificate.

If pupils have specific medical needs, school will endeavour to support staff access training and guidance in order to provide the very best care for pupils. This often means that staff receive specific and bespoke training from school health with health care plans devised and implemented within school.



First Aid Support

In school, pupils and staff can become injured. These accidents can occur through every day activities and some can be a little more serious. Here is what happens:

- If a pupil falls over and receives a bump/scrape, they are seen by a qualified first aider. Different strategies may be used to assess the discomfort they are feeling. More often than not, if the injury is minor, the wound would be cleaned and a cold compress applied. Sometimes there is a need for a plaster to be administered. The incident is recorded in the First Aid Book and parents/carers would be informed in person at the end of the school day as the pupil is being collected. If a named other person is collecting the pupil, the class teacher would phone the parent and inform them of the incident along with the actions taken.
- If the pupil receives a similar injury as explained above but this is to the head, yet they are not suffering from concussion, school would share the incident verbally along with a 'head injury information' sheet for families to refer to should they be worried after the school day.
- If the pupil receives a head injury that is more serious than stated above, school would contact the family and explain the incident, requesting that the family collect the pupil and take them to be checked by a medical professional. An accident/illness form will need to be completed by the member of staff who is sending the pupil home. This is counter signed by the lead first aider and agreed with the Headteacher or Senior Leader. This document is scanned and filed on CPOMS and stored in the designated First Aid File for reference.
- If the injury is serious and the pupil is unconscious or has momentarily been unconscious then school would follow their safeguarding policy and phone 999 for medical assistance and then contact the family. A member of the Senior Leadership would accompany the pupil to hospital and meet the family there. The SL would act as 'loco parentis' until the parent joins the pupil.

- The above procedure would apply for staff and visitors in school. If an adult is injured onsite, school would complete an accident form specified by the Trust/Local Authority.
- **Employers are required to:**
Report and keep records of certain work-related accidents, diseases and dangerous occurrences.
Record any other occupational accident, causing injuries that result in a worker being away from work or incapacitated for more than 3 consecutive days (not counting the day of the accident, but including any weekends or other rest days).
This is outlined in the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 2013.
- When a pupil joins school, the parents/carers will complete an information sheet which asks for any allergies or known barriers regarding health and medication. It is very important for parents/carers to update this by contacting school should their child be or become allergic to medical dressings or other items/foods etc. Staff also need to share any medical information that could impact their ability to work so staff can make suitable provision to support them in the workplace.
- Staff who are administering any first aid have access to disposable gloves, aprons and facemasks.
- **Health and Safety Executive (HSE) guidance on first aid at work (recommends that when first aid is administered, you record the:**
Date, time and place of the incident
Name and job of the injured or ill person
Details of the injury or illness and what first aid was given
Name and signature of the first-aider or person dealing with the incident

Intimate Care

Children develop their bowel and bladder control at different rates therefore, school support every child to access their education with care and dignity. Staff will always encourage each child to undress, clean and change themselves as much as possible but in some cases, adult support and care is required. If this is required, two members of staff would be present to support this process. Clean underwear would be provided and the parents/carers informed at the end of the school day discretely. This information is recorded in the accident book and stored

with the First Aid information and resources. The document includes the date, time, support provided and initialled by the member of staff.

Illness

Part of growing up is catching different childhood viruses and bugs. During the school day, pupils are regularly encouraged to wash and sanitise their hands to minimise the spread of germs. Unfortunately, sometimes this is not enough to protect against certain germs so if your child is unwell enough to attend school, please ring the school office promptly that morning and inform the school with a reason. If a pupil is unwell at school, your child will be seen by a First Aider and designated staff will contact families to collect their child and take them home until they are well enough to return to school. This is agreed with a member of the Senior Leadership Team and a form is completed to show that this process has been followed.

There are specific childhood illnesses that require a specific length of time to remain away from school. These are shared through the link below.

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Medicines

Sometimes, pupils require specific medication in order to be well enough to attend school. School will always support families with bringing their child/children to school so they can access teaching and learning and make good progress. School can support pupils as long as the medicine is prescribed and the prescription label is visible on the box/bottle. This is so a member of staff can ensure that the correct amount of medication is administered to the pupil. A medicine consent document must be completed and signed prior to this being administered. If medicine is not prescribed, then school can't support this but families are welcome to come to school and administer this themselves.

Each class has a medical box stored in a safe place that is not accessible to pupils. A copy of the medical consent document is kept with the medicines in the designated box.

Where pupils are going to stay with a different trusted adult after school and they need medication, please discuss this with the class teacher so appropriate safeguarding support can be in place.

In Key Stage 2, some pupils for example, prefer to carry their own inhaler so they can take this and administer this without adult support. School support this, but a

medical consent form must be completed prior to the pupil carrying their own inhaler.

Health Care Plan

This is different to an EHCP (Education and Health Care Plan). A Health Care Plan is an agreement between home and school to provide specific care for pupils with specific needs. This could be to support a pupil return with a broken limb, or a type of fit, or a specified plan from the NHS to help a pupil recover from surgery.

School would invite the family into school to talk around the best support for the pupil so they can access school life. This would include discussing scenarios so agreed actions can be negotiated along with what to do in different scenarios. This document is agreed and signed by both parties and the family receive a copy. Relevant staff are provided with a copy of the health care plan to follow. This is scanned and placed on the pupil's CPOMS file along with the relevant medical file.

Related School Policies/Documents

- Safeguarding
- Health & Safety
- Intimate care
- <https://www.gov.uk/government/publications/first-aid-in-schools/first-aid-in-schools-early-years-and-further-education>
- Health Care Plan
- Head injury information letter
- Sending a child home
- Medicine administered in school

Contacts

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