



St Cuthbert's Catholic Primary School

Balmain Road, North Kenton,
Newcastle upon Tyne, NE3 3QR

Headteacher: Mrs A. Bullerwell
Deputy Headteacher: Mrs L. Clarke
Assistant Headteacher: Mrs C. Ferguson
Chair of Governors: Mr. D. Hastie
Telephone: 0191 286 0129
Fax: 0191 2864076

www.stcuthbertsk.newcastle.sch.uk
admin@stcuthbertsk.newcastle.sch.uk

Friday 9th July 2022

Dear Parents/Carers,

RISE – Supporting Children's Emotional Well-being St Cuthbert's

During the Autumn term, we are very fortunate to be working with the children and young person's charity, RISE. RISE works in schools and colleges across Newcastle and Gateshead to support children and young people with their emotional well-being. Their aim is to help children and young people feel more in control and more resilient in managing their well-being.

The practitioners from RISE will be delivering whole class sessions across the whole school, during which the children will be learning about emotions, self-esteem, body positivity and resilience. They will also be working with smaller groups across Key Stage 2, developing these themes further. Activities will be age appropriate and will match the needs of the children.

This is a fantastic opportunity for the children of St Cuthbert's which every class in Key Stage will benefit from. If we feel that your child would benefit from taking part in these group sessions, then I will be in touch with you next week to discuss this in more detail. If you would like more information about RISE, please follow the link below:

<https://rise.childrenssociety.org.uk>

Thank you so much for your support,

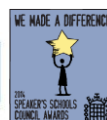
Anna Houghton

PSHE Lead



PROUD TO BE A
MUSIC MARK
SCHOOL

Operation
Encompass
Supporting children through key adults



Pupil Premium
Awards 2016
Local Winner
Primary schools with
published KS2 results

